Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Friday 16 Jun 2023 until 23:59 on Saturday 17 Jun 2023

Forecast Issued on Thursday 15 Jun 2023 at 16:43 by Met Office Aberdeen

Confidence: High for more mainly dry, sunny and very warm weather on Friday and Saturday but then a change to more showery conditions on Sunday and Monday.

Headline for Friday 16 Jun 2023: Dry, sunny and very warm again.

Mountain weather hazards on Friday 16 Jun 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Clear night	Clear night	Sunny	Sunny	Sunny	Sunny intervals	Sunny intervals	Sunny
Precipitation probability							
00%	00%	00%	00%	<05%	<05%	<05%	00%

Forecast for Friday 16 Jun 2023

Weather: Dry and clear overnight. A sunny morning then a bright and very warm afternoon with the odd shower possible, but the vast majority of places staying dry.

Chance of cloud-free hill tops above 800m: 100%.

Low cloud and visibility: Good visibility with any cloud above summits. Slightly hazy.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 16 Jun 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/7 SE	6/8 SE	7/9 SE	5/8 SE	6/10 S	8/12 S	8/12 NE	11/14 SE	11/14 E
900	6/8 SE	6/8 SE	7/9 SE	5/8 SE	6/10 S	7/12 S	9/12 NE	11/14 SE	11/14 E
600	5/7 SE	6/7 SE	5/7 SE	4/7 SE	5/9 S	7/11 SW	7/11 NE	8/11 SE	9/12 SE
300	1/4 SE	2/5 SE	2/5 SE	2/6 SE	3/8 S	5/11 S	5/11 NE	3/9 E	4/9 E
Glen	3/5 E	4/5 E	4/5 E	2/5 SW	4/7 S	7/11 W	6/11 NE	6/9 E	6/9 E

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	14/13	13/11	13/12	14/13	16/14	17/15	15/14	14/12	13/11
900	14/13	13/12	14/12	14/14	17/15	18/16	16/14	15/13	13/11
600	16/15	15/14	16/15	17/16	19/18	20/18	18/17	17/16	15/14
300	14/15	13/13	16/16	20/20	23/22	23/22	21/20	18/18	16/16
Glen	17/17	15/14	18/18	22/22	25/25	25/24	23/23	21/20	18/18
Freezing Level*	2200m	2100m	2100m	2200m	2400m	2700m	2700m	2600m	2500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Another very warm day bringing a risk of dehydration and heat stress.

Forecast for Saturday 17 Jun 2023
Weather: Mainly dry with bright or sunny spells. A few isolated heavy showers developing during the afternoon but most places staying dry and bright. Very warm and humid.

Maximum wind: South or Southeast 10-15mph.

Chance of cloud-free hill tops above 800m: 95%.

Low cloud and visibility: Good visibility although slightly hazy. Patchy summit cloud any heavy showers later.

Temperature: **Glens:** Plus 15C rising to 25 to 27C.
At 800m: 12C rising to 18C.
Freezing level: Well above summits.

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